

Counting Drinks

Using Standard Measures



1 Drink

5 oz.



Wine 12% alcohol

12 oz.



Beer 5% alcohol

1.5 oz.



80-proof liquor

1 oz.



100-proof liquor

Distilled Liquor

Amount in 1 drink

1 oz.



**100
PROOF**

1.5 oz.



**80
PROOF**

Fermented Liquor

Amount in 1 drink

5 oz.



Wine (12%)

12 oz.



Beer (5%)